## **Toolkit: Scheduled** Virtual Visits Utilizing HIPAA Compliant Zoom Platform

• April 2020



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## Virtual Care Definitions and Terms

Where can Virtual Care service be rendered?

Distant site: where the Clinician delivering the service is located at the time the service

Originating site: location of the patient at the time the service (must be in the state where Clinician is licensed to practice)

Virtual Care Services performed via an interactive audio & video communication technology. The following requirements must be met:

• Interactive Audio & Video is required

Ils do not qualify for Video visit



## **Simple 5 Step Process**



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# What is Zoom?



- HIPAA compliant Zoom platform will assist you in improving patient accessibility to healthcare and patient convenience via video visit
- Access can be through a smart device, laptop or desktop via internet connection



# Activate HIPAA Compliant Zoom Account

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You will receive an email to activate your HIPAA compliant Zoom application:

- Activate account
- Sign up with a Password

Please use your work/corporate email address

# **Downloading Zoom**

 Go to <u>zoom.us/download</u> to download Zoom onto your laptop/desktop

OR

- Go to the app store on your smartphone/tablet and download the **Zoom Cloud Meeting** app
- Follow the prompts to download Zoom on your device



## Launch Video Visit (Desktop/Laptop View)

When patient is ready for video visit, open up your Zoom Account



Log into your Zoom account

Select NEW MEETING to start virtual visit



# **Setup Zoom Application on Smartphones**

See Appendix A for detailed Clinician iPhone and Android instructions

See Appendix B for detailed **Patient** iPhone and Android instructions

# **Personal Meeting ID (PMI)**

Your personal meeting ID can be found under the "Meetings" tab (on your desktop as well as

your smart device)



## *Obtaining your Zoom Personal Meeting ID (Clinicians Only)*

#### **Obtaining your Zoom Personal Meeting ID ( Clinicians Only)**

#### \*Your Personal Meeting ID will be sent to your patients for Video Visits

#### 1)Open up your Zoom Account

a)Select icon on desktop



b)If no icon, use the link: https://zoom.us/

- 2)Log in to your account
- 3)Select the New Meeting Drop Down
- 4)Select Use My Personal Meeting ID (PMI) if not

already selected

5)Hover over your ID number

6)Select PMI Setting



## *Obtaining your Zoom Personal Meeting ID (Clinicians Only) Cont.*

- 7) **Personal Meeting ID** box will populate
  - a) Under Video, Select Host: On; Participants: On
  - b) Under Audio, Select Telephone and Computer Audio
  - c) Under Advanced Options, select Enable Waiting Room
  - d) Select Save



## *Obtaining your Zoom Personal Meeting ID (Clinicians Only) - Cont.*

8) To Copy PMI Invitation; Select Meetings

#### 9) Select Copy Invitation



10) **Send this information to your Clinic Manager** and they will distribute to the staff who are scheduling your appointments. They will need the PMI information



# **The Technical Setup**

Any WIFI connected device with a camera/mic and a speaker is sufficient

- Laptops, tablets, smartphones are all great solutions and require minimal setup
- Most plug in cameras have a microphone embedded
- If working from home, please make sure you have a way to access your EHR as well

\*See Appendix A for detailed phone instructions







## **Audio Check**

### Always test your audio setting when initially logging into your Zoom Account





## **Clinician: Making sure** I'm in the right room

Zoom Meeting ID is displayed on top left

Troubleshooting Tip: if you start a new meeting and get a different Zoom Meeting ID, check your settings and make sure the "Use this ID for instant meetings" box is checked





# Telepresence Highlights

**Do:** Set up your station in a private area with a locking door

**Do:** Make sure background is clean and uncluttered and lighting is not directly behind you

**Do:** Center your image in the middle of the screen



## Telepresence Highlights cont.

**Do:** If charting during the visit and looking away from the camera, explain to the patient to assure they understand you are not distracted

**Do:** Screen sharing can be utilized (if no other patient data is visible)

- **Do:** If someone walks into your space during the visit, stop the visit and introduce
- **Do:** Attire: Scrubs, white lab coats and name badges are highly recommended to build trust



# **Scheduling Virtual Visits**

- Zoom is a standalone video connection and can be utilized in parallel with any EHR
- Follow the established clinic workflow to schedule appointments and establish a process to indicate on Clinician schedule that visit will be completed virtually (visit code or Clinician schedule notes)
- Send visit information to patient with link and connection directions to patient\* and resend instructions with visit reminder

\*comply with local privacy and security standards when using patient's email

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## Office Staff Process for Scheduling Zoom Patient Visit

1) Verify that the patient is eligible for a video visit

a) Does the patient have a device that has a Video Camera

i) Cellphone, Tablet or Computer

(1) If the patient does not have one of these they are not eligible and can be scheduled for a phone

ii) If the patient does have a device with Video the patient can be scheduled for a video appointment with the Clinician

(1) End User will verify that patient has Zoom set up on their device before sending Video Appointment invite

(a) Zoom Application has to be downloaded

(2) Schedule Zoom Visit

2) Scheduling appointment with patient

a) Office Staff will need to document in a message the following:

i) Patient's Consent for Video Visit

ii) Determine how patient will receive Video Visit information – if by personal email, consent is needed

iii) Complete any required screening questions (for example COVID-19)

See Appendix C for details on optional scheduling methods for Office Staff and Clinicians

### Web Browser - Patient

### At time of the Video Visit

1) Select on link provided by clinic

### 2) Patient will receive pop up stating Please wait for host to start this meeting

notning prompts from	m browser, download & run Zoom.
	- :
O Please wait fo	or the host to start this meeting.
This is	s a recurring meeting
Your Clinicians	Personal Meeting Room
T	est Computer Audio
Te	



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3) Video Preview box will populate; select Join with Video

### Web Browser – Patient – Cont.

4) Patient will get notification stating Please wait, the meeting host will let you in soon

Please wait, the meeting host will let you in soon.

Personal Meeting Room

### 5) Patient will need to select Join with Computer Audio



6) Clinician will complete video visit with patient

## Smart Devices -Zoom Patients Instructions

### Android:

Patient will need to download the Zoom Application

### Before Video Visit with Clinician



#### iPhone:

Patient will need to download the Zoom Application

Before Video Visit:

- 1) Go to the Apple Store
- 2) Search Zoom
- 3) Select Install





# **Patient Instructions**

Patient instructions are designed to include device specific options. Sharing of the instructions may be tailored in your division if desired.

Sharing instructions with patients:

- 1. Through the Patient Portal (if available)
- 2. No reply email (if available)
- 3. Over the phone

\*See Appendix B for detailed Patient instructions

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#### CONTENT

Virtual Visit Instructions for: (Insert Clinician name) Direct Link: (insert Clinicians direct room link) Zoom Meeting ID: (Insert Clinicians PMI)

Below are the three most common ways to get into the virtual waiting room depending on the device you will be using for your

#### Direct link instructions:

Click on the direct link above (insert Clinicians direct room link) Follow the prompts to download Zoom Cloud Meetings app on your device

You will be placed in the virtual waiting room until the doctor arrives

OR

Smartphone/tablet instructions:

Download the Zoom Cloud Meetings app; you do not have to create an account

Click "Join A Meeting".

Type the 10 digit meeting ID provided (Insert Clinicians PMI)

You will be placed in the virtual waiting room until the doctor arrives.

OR

Laptop/desktop computer instructions

Click on the link: www.zoom.us/join

Type the 10 digit Meeting ID provided to you by the clinic (Insert Clinicians PMI) Your device will redirect you to download the Zoom application. Follow the prompts on the screen. If prompted to download or run, select "RUN".

You will be placed in the virtual waiting room until the doctor arrives.



## Medical Assistant - Recommended Workflow Preparing Patient for a Virtual Visit

Medical Assitant (MA) Process for Video Visit

- 1) MA will call patient 15 minutes before scheduled appointment
  - a) Suggested Script:
    - i) <u>Suggested script:</u> "Hello, this is Employee Name, calling from [Clinic Department Name.] I am calling you as you had requested a Video visit with [Clinician Name.] Before we get started, can you please verify your full name and DOB? And do you consent to proceed with this Video Visit? Have you successfully arrived into the Zoom Waiting Room that was emailed to you?"

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- 2) MA will make sure that the patient has been able to successfully log in to Zoom, and Audio is working (see page 29 for audio issues)
  - a) Make sure patient adds their legal name when logging in
- 3) Once verified, MA will arrive the patient
- 4) MA will complete Vitals
  - a) Below are the sections to be completed for Video Visit Intake (Follow your Clinic Protocols for your Intake on regular office visits)
- 5) Let patient know that Clinician will be with them shortly; Hang up
- 6) Let Clinician know Patient is waiting

Visit Summary – At conclusion of visit MA will send a copy of the summary to patient by either:

- 1. Print visit summary and mail to patient
- 2. Send Visit Summary through Patient Portal

## If Your Patient Can't Get Audio



## Clinician Video Visit Workflow

1) Open up your Zoom Account

a) Select icon on desktop



b) If no icon, use the link: <u>https://zoom.us/</u>

2) Log in to your Zoom account



## Clinician Video Visit Workflow - Cont.

3) Select New Meeting



#### 4) Select Admit for the patient that you are

#### having your Video Visit with



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## Clinician Video Visit Workflow - Cont.

### 5) Complete Video Visit with patient

a) You can manage your **Audio** and **Video** Settings as well as **Share Content** with patient on the screen

### 6) When visit is complete, Select End Meeting



### 7) Document Visit in EHR

### a) Please include in your chart note Patient Consent for Video Visit

#### i) Examples Below:

(1) Informed Consent: Patient gave verbal consent for Video Visit

(2) **Informed Consent**: The risks, benefits and alternatives to the virtual/video visit were explained to the patient and the patient consented to this modality of care. The visit was carried out on a secure line and all parties in the room were identified and approved by the patient prior to the consult. No technical issues were experienced. A level of care equivalent to in-person care was achieved.

Patient Location:

**Clinician Location:** 

Patient informed of treating Medical Group:

Visit Type: Secured Interactive Real Time Video

Date of Service:

# **State Specific Consent Requirements**

Of the 21 Common Spirit Health states, written consent for telemedicine required in the following states:

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- Georgia, Indiana, Ohio
- Medicaid Only: Colorado, Wisconsin

In most cases, documented verbal consent is sufficient.

 Recommended best practice in all states is to obtain verbal consent prior to every virtual visit and document

Reference: https://www.cchpca.org/telehealth-policy/informed-consent

## Consent

\*Consent requirements vary by state, the following recommendations are for verbal consent

#### **Recommended Scripting**

- "We are having this visit today on an encrypted, secure video channel. Nothing is ever recorded when we use video visits. Do I have your permission to care for you virtually?"
- "I want to be sure your privacy is protected.

On my end, no one can see or hear you but me.

On your end – is there anyone else in the room with you? Is it OK

if they see and hear what we are talking about today?"

**Recommended Documentation** 

Informed Consent: The risks, benefits, and alternatives to the virtual/video visit were explained to the patient and the patient consented to this modality of care. The visit was carried out on a secure line and all parties in the room were identified and approved by the patient prior to the consult. No technical issues were experienced. A level of care equivalent to in-person care was achieved.

PATIENT LOCATION: City, State Clinician LOCATION: City, State PATIENT INFORMED OF TREATING MEDICAL GROUP: Yes VISIT TYPE: SECURED INTERACTIVE REAL TIME VIDEO DATE OF SERVICE: Date

·∕~

## **Virtual Physical Exam**

#### Video and Patient Assisted Exam

VS (need 3): RR, temp, height, weight, pain, LMP - document as stated

General Appearance: development, nutrition, habitus, grooming

Skin: rash, lesions, ulcerations, appearance

Eyes: conjunctivae/lids, pupils, conjunctiva.

Ears: external exam, hearing assessment. Oropharynx: mucosa, palate, tongue, tonsils

Mouth: mucous membranes, lesions, still image of posterior oropharynx (symmetric, no exudate)

Neck: ROM, symmetry, self-exam for tenderness

CV: limited to pulse, BP

**Resp:** retractions, accessory muscles, chest wall palpation

Abdomen: distention, tenderness

**Musculoskeletal:** gait, station, inspection digits and nails, exam of joints (inspection, ROM, stability), strength/tone, atrophy/abnormal movements.

Psychiatric: complete exam

Neurologic: near complete exam, CN, sensation, strength (with assistant).





# How does the visit look on my phone?

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See Appendix A for detailed **Clinician** iPhone and Android instructions See Appendix B for detailed **Patient** iPhone and Android instructions



## **Documentation Standards**

Clinicians shall generate and maintain an electronic medical record for each patient for whom they provide care.

All communications with the patient (verbal, audiovisual or written) should be documented in the patient's medical record **on par with documentation standards of in-person visits**.

Clinicians should fully document the specific interactive telecommunication technology used to render the services. Document statement or one similar: "**Patient was seen via a secure interactive real time video**"

Recommend statement "**patient consented to service**" after informed consent has been obtained. **Document patient's location at time of service** 

# **Billing for Virtual Visits**

Varies per state: Contact your Billing and Coding department for recommendations.

### COVID19:

Medicare restrictions are temporarily lifted and visits in all geographical areas are now covered during the COVID19 response (originating site "home" is still subject to specific conditions such as end stage renal disease, substance abuse with a mental health dx and Medicare Advantage)

## Appendix

Appendix A – Clinician Setup (iPhone & Android)
Appendix B – Patient Setup (iPhone & Android)
Appendix C – Recommended Office Staff Process
Appendix D – Troubleshooting
Appendix E - Software Support/Help

## Appendix A Instructions for iPhone

- 1) After you have signed up on your desktop; go to the Apple Store
- 2) Search Zoom
- 3) Install and select Open



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Start a Meeting

Start or join a video meeting on the go

### 4) Sign in



Join a M	leeting
Sign Up	Sign In

### Appendix A Instructions for iPhone - Cont.

### 5) Choose your desired settings



### 6) Select New Meeting



## Appendix A Instructions for iPhone - Cont.

### 7) Make sure Video and PMI are set to ON; Select Start Meeting

Cancel	Start a Meeting	
Video On		
Use Persor 123 456 78	nal Meeting ID (PMI) 90	
	Start a Meeting	

- 8) Select **Allow** for *Microphone*
- 9) Select Allow for Camera







## Appendix A Instructions for Android

- 1) After you have signed up on your desktop; go to the Google Play Store
- 2) Search Zoom
- 3) Select Install







### *Appendix A Instructions for Android – Cont.*



### 6) Enter Email and Password; Select Sign In





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## Appendix A Instructions for Android – Cont.

8) Make sure Video and PMI are set to ON;Select Start Meeting



### 9) Select Allow for Audio

### 10) Select Allow for Video





## Appendix B a)Zoom Patients Instructions

### At time of the Video Visit

- 1) Select link provided by office
- 2) Patient will be directed to the Zoom application
  - a) Patient will have a notification stating
    - " Waiting For The Host To Start This Meeting"

9:50 🛋	Q 👬 🙃 🚛
P	ersonal Meeting Leave
Waiting for the second seco	he host to start this meeting
Meeting ID	123-456-7890
Time:	This is a recurring meeting
If you are the hos	t, log in to start this meeting
	Sign In

3) When Clinician starts the meeting, the patient may be prompted to enter their name. Please enter *Legal Name*; Select **OK** 



## Appendix B a)Zoom Patients Instructions – Cont.

4) Once patient is let in to the Meeting room they will have to choose Call via Device Audio

a) If this is the first time patient is using Zoom they will have to **allow** the application to use **Audio and Video** 



## Appendix B a)Zoom Patients Instructions – Cont.

6) Patient will have video visit with Clinician.

7) Patient will get the following notification when the meeting has ended

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The host has removed you from this meeting.	
ОК (5)	

### *Appendix B b) Patient i-Phone*

At time of video visit

- 1) Select link provided by office
- 2) Patient will be directed to the Zoom applicationa) Patient will have a notification statingWaiting For The Host To Start This Meeting
  - **NOTE:** Patient needs to ensure they are not in **"Safe Driving Mode"** on their phone as that will impede audio.

1:40 ◄ Browser	•11   LTE 💽 ·
Allison Peters'	Personal Meeting Ro Leave
Waiting for th	ne host to start this meeting
Meeting ID	123-456-7890
Time	This is a recurring meeting
Date	
IF YOU ARE THE H THIS MEETING	IOST, SIGN IN TO START
	Sign In

### Appendix B b) Patient iPhone – Cont.

- 3) Once patient is let in to the Meeting room they will have to choose Call via Device Audio
  - a) If this is the first time patient is using Zoom they will have to **allow** the application to use **Audio and Video.** (please make sure that you are not in "Safe Driving Mode")

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4) Connect to Audio and Video. Patient is ready to have a video visit with clinician



## Appendix C Option #1: Sending Zoom Visit Information Via Personal Email

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### **Option #1: Sending Zoom Visit Information Via Personal Email**

- 1) Before email is sent, MUST Verify with patient: (Please document in message in EMR)
  - a) That it is ok to do a Video Visit
    - i) If not ok, offer Phone Visit
  - b) That it is ok to send Video Visit information to the patients personal email
    - i) If the patient <u>does not want the information to go to their personal email</u>, it will have to be sent to the **Patient Portal**

(1) Sign Patient Up for Portal if they are not on it

2) Select From button under Options



### Appendix C Option #1: Sending Zoom Visit Information Via Personal E-mail cont.

- 3) Select the **From** drop down and select <u>other E-mail Address</u> and proxy into your clinic generic email provided by your managers.
  - a) NOTE: You will only have to add this once; after that it will remain in this drop down



- 4) Select **From** and Search for your generic email Address provided to you by your Clinic Manager
  - a) Patients will not be able to reply to this email

### Appendix C Option #1: Sending Zoom Visit Information Via Personal E-mail cont.

- 4) Select **From** and Search for your generic email Address provided to you by your Clinic Manager
  - a) Patients will not be able to reply to this email

Send From Other	E-mail Address				
	Choose Sender: Global Addr Search: O Name only telehealth	Address P Go Global Address b	Type Your Clinics	Generic Email Here	
	Name	Title	Business F	Phone Location	D
	🍰 Telehealth				<b>^</b>
		Patient Logistics (	Coord	Data Drive Office	ed Cu
	<b>4</b>	RN		Methodist Hospital o	f Sacramen
	· · · · · · · · · · · · · · · · · · ·	Monitor Obrania III	r/Linit Corretor	Franch Hornital	
					OK Cancel

## Appendix C Option #1: Sending Zoom Visit Information Via Personal E-mail cont.

5) Select the **To** button; enter **Patient Email** under **To**; Enter **Clinician Email** under **Bcc** if they would like a notification sent by email as well.

6) Select OK

From +	Telehealth@DignityH	lealth.org							
То		Select Names: Global Add	ress List						8
Cc		Search:      Name only	More columns	Address Book		_			
Bcc			Go	Global Address List		Advan	ced Find		
Subject		Name		Title	Busine	ss Phone	Location		D
		To -> Type Pate Cc -> Bcc -> Type Processor	III III ients Email Address H widers Email Address	tere				<u>ок</u>	Cancel

## Appendix C Option #1: Sending Zoom Visit Information Via Personal E-mail cont.

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- 7) Subject Video Visit Enter Clinician Name
- 8) Select Signature and Choose the Signature for the Clinician you are scheduling the Zoom Visit for
  - a) Make sure you delete your personal signature if you have one



9) Select Send	ت <b>ے۔</b> Send	From • To Cc	Telehealth@DignityHealth.org Type Patients Email Address Here
		Bcc Subject	Type Providers Email Address Here Video Visit - Enter Provider Name

## Appendix C Option #2: Office Staff Scheduling Visit Via Calendar

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#### 1) Open Outlook and go to the Calendar section



2) Select your Shared Calendar

		Ap	oril 20	020				
SU	мо	TU	WE	тн	FR	SA		
			1	2	3	4		
5	6	7	8	9	10	11		
12	2 13	14	15	16	17	18		
19	20	21	22	23	24	25		
26	5 27	28	29	30	1	2		
3	4	5	6	7	8	9		
	Calen Teleh Calen	dar dar dar Calei	- Digr th - Telel	hity H healtl	lealth	Telen	n	
	icalex	port	: (1).i	cs				
Ma	ail	C	ale	en	da	ar	Pe	2

## Appendix C Option #2: Office Staff Scheduling Visit Via Calendar

- 3) Double Click the date and time you want to schedule the Zoom Visit
- 4) Select Invite Attendees



- 5) Select the **To** Button
- 6) Under Required enter the patients email
- 7) Under **Resources** enter the Clinicians Email (Patients will not be able to see Clinician email)

## Appendix C Option #3: Clinician Scheduling Visits NOTE: Patient will get your email address

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### 1) Select the Schedule Icon



## Appendix C Option #3: Clinician Scheduling Visits Cont.

- 2) Schedule Box will populate
  - a) Verify the appropriate boxes are selected
  - b) Clinician MUST Enter Password if scheduling their own visits
  - c) Select Schedule

ichedule meeti	ng	-
Topic Zoom Meeti	ing	
Zoomween	"9	
Start:	Thu April 2, 2020 🗸 09:00 AM 👘	
Duration:	0 hour v 30 minutes v	
Recurring	meeting Time Zone: Pacific Time (US and Canada) v	
Meeting ID Generate	Automatically Personal Meeting ID 123-456-789	
Password Require n	Provider MUST enter a Password if sending their own invites	
Video		
Host: 🔵 On	Off Participants: O On Off	
Audio Telephon Dial in from	e Computer Audio Telephone and Computer Audio	
Calendar Outlook	Google Calendar Other Calendars	
Advanced O Enable wa Enable joi	ptions ^ itting room n before host	
Mute part	icipants on entry	
Automati	cally record meeting on the local computer	
	Schedule	)

## Appendix C Option #3: Clinician Scheduling Visits Cont.

3) Select **Allow** (may have to select multiple times)



- 4) Enter Patients email in the To Box
- 5) Select Send

ت <b>ا</b> Send	То	Patients Email			
	Subject	Zoom Meeting			
Send	Location	https://zoom.us/j/ /12345678	890	~	Rooms
	Start time	Tue 3/31/2020	4:00 PM	All day event	
	End time	Tue 3/31/2020	4:30 PM		
Join Zoom Meeti https://zoom.us/j. /1234567890 Meeting ID 123 456 7890					



### 24/7 Support

When calling the help desk please state that you need support for the **HIPPA Compliant Zoom Platform**.

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You will then be routed to the Zoom support group

### IT Help Desk #: 1-877-321-0057